

MAIN POOL SCHEDULE

COURTSPTS EUGENE



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
ADULT SWIM 18+ 5-8:30am	ADULT SWIM 18+ 5-9:15am	ADULT SWIM 18+ 5-8:30am	ADULT SWIM 18+ 5-9:15am	ADULT SWIM 18+ 5-8:30am	ADULT SWIM 18+ 8-9am	
AQUA FIT Renee 8:30-9:30am	AQUA FIT Renee 9:15-10:15am	AQUA FIT Karen 8:30-9:30am	AQUA FIT Renee 9:15-10:15am	AQUA FIT Karen 8:30-9:30am		
FAMILY SWIM 9:30am-2pm	FAMILY SWIM 10:15am-2pm	FAMILY SWIM 9:30am-2pm	FAMILY SWIM 10:15am-2pm	FAMILY SWIM 9:30am-2pm	FAMILY SWIM 10am-7:45pm	
ADULT SWIM 18+ 2-3pm	ADULT SWIM 18+ 2-3pm	ADULT SWIM 18+ 2-3pm	ADULT SWIM 18+ 2-3pm	ADULT SWIM 18+ 2-3pm		
FAMILY SWIM 3-5:30pm	FAMILY SWIM 3-10:45pm	FAMILY SWIM 3-5:30pm	FAMILY SWIM 3-10:45pm	FAMILY SWIM 3-9:45pm	FAMILY SWIM 10am-7:45pm	
AQUA FIT Karen 5:30-6:30pm	AQUA VOLLEYBALL 6-7pm	AQUA FIT Karen 5:30-6:30pm	AQUA VOLLEYBALL 6-7pm			
FAMILY SWIM 6:30-10:45pm	FAMILY SWIM 3-10:45pm	FAMILY SWIM 6:30-10:45pm	FAMILY SWIM 3-10:45pm			

POOL POLICIES



541.687.2255
www.courtsportsac.com

POOL INFORMATION

LAP POOL 81°F | 4'6" deep | 25 yards long
1 mile = 35 laps or 70 lengths

MAIN POOL 86°F | 6'6" deep

GENERAL POOL/SPA POLICIES

- Showers are required before entering the pools and spas.
- Entering any part of the pool head first (diving), running, horse play or flips is prohibited at all times.
- Food and drink are not allowed on the pools deck with the exception of water. (Glass containers are strictly prohibited).
- The brick divider separating the main pool and lap pool/spa is **not a walkway**. Please use the stairs when traveling between the main pool and lap pool/spa.
- Participants in Adult Swim must be at least 18 years of age.
- ONLY class participants are allowed in the main pool during Aqua Fit classes.
- Please be courteous and put away ALL equipment you use when you are finished.
- ANY toys brought into the pool area must be approved by a Courtsports employee, and must be respectfully used around all members.
- Dry shirts and shoes are required outside the pool room; please refrain from wearing wet clothing in the lobby and workout areas.

CHILDREN'S POLICIES

- State law requires all children under 14 years of age be accompanied by an adult in the pool and spa areas at all times.
- Children 14 years of age or older may use the pool during Family Swim hours without direct supervision if there are other adults in the pool.
- Children under 14 years of age may not be in the locker rooms without adult supervision.
- Children over 4 years of age may NOT use the opposite sex locker room. Family Changing Rooms are available.
- Children under 14 years of age may use the spa under direct adult supervision ONLY. (A maximum of 5 minutes at a time is recommended).
- Family Swim: During Family Swim times, parents are responsible for the actions and safety of their children.
- Supervised Kid Swim: Children who are 6 years of age, at least 40" tall and able to swim the width of the pool, may be checked in with the Lifeguard during Supervised Kid Swim. Parent's must remain in the Club, and must physically sign their child in with the Lifeguard.